Nutrient Transport Driven by Microbial Active Carpets
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(Received 25 June 2018; published 11 December 2018)

We demonstrate that active carpets of bacteria or self-propelled colloids generate coherent flows towards the substrate, and propose that these currents provide efficient pathways to replenish nutrients that feed back into activity. A full theory is developed in terms of gradients in the active matter density and velocity, and applied to bacterial turbulence, topological defects and clustering. Currents with complex spatio-temporal patterns are obtained, which are tunable through confinement. Our findings show that diversity in carpet architecture is essential to maintain biofunctionality.

DOI: 10.1103/PhysRevLett.121.248101

The collective motion of microorganisms and active colloids has sparked great interest, as biological functions can emerge from self-organization of local power injection [1–9]. To sustain these processes, self-propelled particles increase nutrient uptake [10–13] and redistribute oxygen [14] by hydrodynamically enhanced mixing [15–17], biocovection [18–20], and particle entrainment [21–24]. The vast majority of these flow-driving swimmers accumulate at surfaces [25–35], at concentrations an order of magnitude larger than in the bulk [25,27,30], and thus form “active carpets.” Instead of wall attachment, these freely roaming carpets are stabilized by mutual cell attraction or chemotaxis. However, this crowding drains reserves rapidly, and renewal is restricted by the boundary [36], so biofunctionality is curtailed. Moreover, swimmer-generated flows cancel each other in the case of homogeneous coverage, by symmetry, so supply of nutrients is limited by diffusion. A steady advection changes this situation radically; it opens effective pathways for resource replenishment and reinforce activity.

In this Letter, we demonstrate that such coherent transport arises from gradients in density, activity, or orientation, which emerge naturally from the long-ranged order in collective behavior [37], such as in bacterial vortex arrays [38–42], bacterial turbulence [43–49], and giant density fluctuations [6,50–54]. Topology and geometry play a crucial role in these living fluids [2,55–59], providing a bridge with material sciences and cell biology [9,60]. We focus on bacteria as a concrete example, but this theory applies to the broader class of active carpets to which no external forces and torques are applied.

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In this Letter, we demonstrate that such coherent transport arises from gradients in density, activity, or orientation, which emerge naturally from the long-ranged order in collective behavior [37], such as in bacterial vortex arrays [38–42], bacterial turbulence [43–49], and giant density fluctuations [6,50–54]. Topology and geometry play a crucial role in these living fluids [2,55–59], providing a bridge with material sciences and cell biology [9,60]. We focus on bacteria as a concrete example, but this theory applies to the broader class of active carpets to which no external forces and torques are applied.

FIG. 1. (enlarged in the Supplemental Material [64], Fig. 1) Bacteria arranged in a branching pattern, simulated with $N = 1800$ cells (black points), shown for $z = 5 \mu m$ (top view).
First, we show that a bacterial cluster, despite random orientations, creates a net nutrient transport towards the surface. Second, in uniform-density carpets, gradients in swimmer orientation produce flows instead. We derive and implement these to topological defects commonly found in living fluids. Combining these fundamental ingredients, the nutrient transport by vortex arrays and bacterial turbulence are evaluated, and the spatiotemporal correlations of the flows compared to the collective dynamics. 

**Individual swimmer flows.**—We consider a colony of microswimmers with balanced propulsion and drag forces. These are located at \( r \), and oriented along \( p \) parallel to a solid surface, which is fixed at \( z = 0 \) in Cartesian coordinates. Each swimmer generates a flow \( u(r) \) that can displace nutrients, represented by a tracer particle located at \( r \). At low Reynolds numbers, and for distances \( \delta = |r - r_i| \) larger than a few body lengths, this individual flow is well described by a Stokes dipole aligned with the swimming direction \([3,61]\), given by

\[
u(r, r_i, p) = \kappa [(p \cdot \nabla) \mathcal{B}(r, r_i)] \cdot p,
\]

where the dipole strength is \( |\kappa| \sim 3v_s a_s^2/4 \) in terms of the swimmer’s speed \( v_s \) and size \( a_s \) \([23]\). The no-slip condition at the wall is accounted for using the Blake tensor \( \mathcal{B}(r, r_i) \) formalism \([62,63]\) (see Supplemental Material \([64]\), Sec. 1). Throughout this Letter, as an example, we use swimmer height \( h = z_s = 1 \mu m \) and dipole moment \( \kappa = 30 \mu m^3/s \) for the pusher *E. coli* \([61]\).

Figure 1(a) shows the resulting flow driven by a single bacterium. Nutrients are attracted towards the surface directly above the swimmer (blue regions), but pushed upwards in front of and behind the cell (red regions). The net flux across any plane in \( z \) vanishes due to the incompressibility of the liquid, \( \int u dx dy = 0 \), but across a plane recirculating vortices can emerge (green stream lines). For pullers, \( \kappa < 0 \), the flow direction is inverted. Taken together, the average flow velocity due to all swimmers on the surface combined is

\[
\langle \nu(r) \rangle = \int u(r, r_i, p) f(r_i, p) dr_i dp,
\]

where \( f \) is the probability density of finding a swimmer at position \( r_i \) and orientation \( p \).

**Clusters and density gradients.**—We examine a cluster of \( N \) bacteria that assemble around a chemoattractant (movie S1 \([64]\]). Remarkably, this active carpet generates a steady current that brings nutrients down towards the surface. To analyze this, we first imagine a circular cluster of radius \( R \) centered at the origin with constant density, \( n = N/(\pi R^2) \), and uniformly distributed swimmer orientations in the plane. The total flow, derived in the Supplemental Material \([64]\) Sec. 2A and shown in Fig. 1(b), is found by inserting this profile, \( f \propto (n/2\pi) \), into Eq. (2). As in the movie, this yields a down-welling region for all lateral distances \( \rho < R \) and all heights \( z > h \), where \( \rho = \sqrt{x^2 + y^2} \), despite the random swimmer orientations and thermal particle diffusion. Subsequently, the nutrients move from the center to the edge of the cluster, to \( \rho > R \), where incompressibility demands that liquid be transported back up, causing a large toroidal recirculation. Directly above the cluster, along the \( z \) axis and in the limit \( z \gg h \), the result simplifies to the mean drift velocity

\[
\langle \nu(z, R) \rangle = -12\pi n h \kappa \frac{z^2 R^2}{(z^2 + R^2)^{5/2}}.
\]

For a typical bacterial density, \( n \sim 0.1/\mu m^2 \) \([31]\) and cluster size \( R \sim 50 \mu m \) we expect significant nutrient transport up to \( \langle \nu(z) \rangle \sim 25 \mu m/min \) [Figs. 1(b) and 1(c)]. This can be orders of magnitude larger than sedimentation velocities for micron-sized particles. Compared to diffusion the Péclet number is large, \( Pe = (vR/D) \approx 48 \), and the transport is additive over time. Moreover, flows are \( \sim 2\times \) stronger for more realistic Gaussian clusters (Supplemental Material \([64]\), Sec. 2B).

Counterintuitively, larger homogeneous clusters do not transport faster. To be precise, in the thermodynamic limit where \( R, N \rightarrow \infty \) with constant \( n \), the individual swimmer flows cancel each other out, on average, so the surface attraction vanishes. Indeed, the mean flow [Eq. (3)] decays as \( 1/R^3 \) in this limit [Fig. 1(d)]. Maximizing \( \langle \nu(z, R) \rangle \) with respect to \( R \), for a given distance from the surface \( z \), we obtain the optimal cluster size \( R_0^* = \sqrt{2/3} \).

More generally, all gradients in swimmer density or activity can drive currents. To see this we simulate a cluster with a linearly decreasing density (Supplemental Material...
FIG. 3. Defects in the director field generate strong flows because of large orientation gradients. Swimmers are arranged in a dense uniform lattice with orientation \( \phi_s = \phi_0 + m\theta \) (gray lines). Upper panels: Colors indicate vertical flows in \( \mu m/s \), simulated for the plane \( z = 5 \mu m \), and green arrows are stream lines, also for the planes \( x \rightarrow -50 \mu m \). (a) Vortex defect with \( (m, \phi_0) = (1, \pi/2) \). (b) Aster defect with \( (1,0) \). (c) Plus half defect with \( (\frac{1}{2}, 0) \). (d) Minus half defect with \( (-\frac{1}{2}, 0) \). (e) Saddle defect with \( (-1,0) \). Lower panels: Flows in \( \mu m/s \) for the plane \( y = 0 \), obtained numerically (markers) and analytically (lines).

[64], Sec. 5C). As before, this generates a horizontal flow along the gradient with down-welling at the high end [Fig. 1(e)].

Using this information, one can also predict transport driven by clusters of a more complex morphology. Figure 1(f) depicts flows generated by bacteria arranged in a branching pattern (Supplemental Material [64] Sec. 5D). In agreement with the previous simplified cases, flows move downwards to the high-density regions, the branches. This configuration is of course arbitrary, but serves to emphasize the robustness with respect to cluster shape.

An important prerequisite for steady flows is that gradients are sustained. Stable gradients in metabolism can arise by, e.g., local nutrient hot spots, and density gradients by chemotaxis or light control [93–96]. To quantify this, we analyze the stability of a cluster around chemoattractant [93–96]. An important prerequisite for steady flows is that gradients are sustained. Stable gradients in metabolism can arise by, e.g., local nutrient hot spots, and density gradients by chemotaxis or light control [93–96].

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**Orientation gradients.**—In the previous scenario with random orientations, the mean flows vanish in the absence of gradients in density. Furthermore, if all swimmers are oriented in the same direction, through collective motion or alignment interactions, then the currents also cancel in the thermodynamic limit (Supplemental Material [64] Sec. 3A). However, gradients in swimmer orientation give rise to a second source of flow generation.

To classify the relevant orientation derivatives, it is important to note that the swimmer flow [Eq. (1)] is nematically symmetric [Fig. 1(a)], i.e., invariant under \( p \rightarrow -p \). Hence, the only first-order derivatives that obey this symmetry in a 2D active carpet are, expressed in liquid crystal terminology [97], the “bend” and “splay” contributions,

\[
B = |p \times (\nabla \times p)|^2, \tag{4}
\]

\[
S = (\nabla \cdot p)^2. \tag{5}
\]

The effect of these gradients is illustrated in Fig. 2. We consider active particles that swim collectively (a) in concentric circles, \( \phi_s = \theta + (\pi/2) \), or (b) towards a chemoattractant source, \( \phi_s = \theta \), where \( \phi_s = \arctan(p_s/p_x) \) and \( \theta = \arctan(y/x) \), and they are spread out uniformly in space to minimise swimmer density gradients (Supplemental Material [64] Sec. 5E). In both cases the orientation gradients decay with distance from the center quadratically; for (a) we have \( B(\rho) = 1/\rho^2 \) and \( S(\rho) = 0 \), and vice versa for (b). Then, a strong correlation is observed between bend gradients and liquid moving downwards and outwards. Conversely, splay gradients drive flows inwards and upwards.

To make analytical progress, we realize that it is not always possible to find a general formula for the local flow in terms of the gradients, \( \langle \psi(r) \rangle = \chi(B, S) \), because the velocity is generated by a region of swimmers in which the gradients vary. These variations increase for larger \( z \) values as the number of equidistant swimmers, i.e., this region of influence, grows. However, the gradients are approximately constant far from the circle center, when \( z \ll \rho \), so we can couple the gradients and flows in that area [Figs. 2(a), 2(b)]. Therefore, by expanding the mean current [Eq. (2)] in terms of \( 1/\rho \) (Supplemental Material [64], Secs. 3B, 3C), we find the first-order contributions to the horizontal and vertical flows due to bend and splay gradients,

\[
\langle v_x \rangle \approx 8\pi\eta k_{c}(\sqrt{B(\rho)} - \sqrt{S(\rho)}), \tag{6}
\]

\[
\langle v_z \rangle \approx -8\pi\eta k_{c}z^2[(B(\rho)]^{1/2} - [S(\rho)]^{1/2}). \tag{7}
\]

This approximation, shown in Fig. 2(c,d), offers a good agreement with its numerical counterpart. It also follows...
that for weak gradients, the horizontal flows are stronger than the vertical transport.

**Topological defects.**—Like we saw for density gradients, it is now possible to interpret more complex carpet designs in terms of the fundamental ingredients, bend and splay. The first nontrivial orientation patterns with significant orientation gradients are the lowest-order topological defects (Fig. 3). Their director fields are defined as $\phi_s = \phi_0 + m \theta$, where $\phi_0$ is a phase angle and $m = \pm \frac{1}{2}, \pm 1, \pm \frac{3}{2}, \ldots$ is the topological charge [97]. Because these defect arrangements are well characterized mathematically, it is possible to find analytical solutions for the flows they generate (Supplemental Material [64], Sec. IV).

Swimmers with polar order feature integer charge defects. For $m = 1$ [Figs. 3(a) and 3(b)], there is a continuous transition from nutrient attraction near “vortex” defects ($\phi_0 = (\pi/2)$), via no flow “spiral” defects ($\phi_0 = (\pi/4)$), to repulsion near “aster” defects ($\phi_0 = 0$),

$$\langle v_z \rangle_{m=1} = 8\pi n h k \frac{z^2 \cos(2\phi_0)}{(\rho^2 + z^2)^{3/2}}. \quad (8)$$

Active particles with nematic order feature half-integer charges. Near an $m = \frac{1}{2}$ defect [Fig. 3(c)], cooperation between bend and splay gradients drives horizontal currents, outwards from the bend curvature. The flows in $z$ follow from recirculation, down towards the defect and back up again, with extrema at $\rho = z/\sqrt{2}$. Also near $m = -\frac{1}{2}$ defects and near “saddle” defects, $m = -1$, the horizontal flows move in towards the convex side of the bends and out in the regions of converging splay [Figs. 3(d) and 3(e)]. In all cases, the calculated flows (Supplemental Material [64], Sec. IV) agree well with the simulated ones (Fig. 3, lower panels).

An important observation is that splay gradients [divergence of $\mathbf{p}$ in Eq. (5)] and density gradients are coupled in time, via motility. Specifically, bacteria can accumulate or deplete from defects, as observed in liquid crystals [98]. Therefore, vortex defects [Fig. 3(a)] remain stable over time, but steady states of aster defects [Fig. 3(b)] must feature more complex dynamics, such as defect ordering [99] or ejection of swimmers from the carpet into the bulk. Otherwise the defects can be motile, with time-dependent flows, as we discuss below for bacterial turbulence.

**Vortex arrays.**—The topological building blocks can be used to comprehend the currents created by active carpets featuring collective motion. Particularly common in nature, and microfluidically controllable, are vortex patterns that bacteria or spermatozoa at high surface densities can self-organize into [38–42]. Note, high surface densities go hand in hand with association and dissociation of swimmers in the bulk [5]. Therefore, even if bulk swimmers are an order of magnitude more sparse [25,27], they will also generate diffusive flows [15–17].

We first consider a Taylor-Green vortex (TGV) carpet, which periodically features vortex and saddle defects ($m = \pm 1$) at the center and corners of the unit cell, respectively [Fig. 4(a), Supplemental Material [64] Sec. 5F]. Nutrients are attracted down to the vortex centers [locally described by Eq. (8)], and recirculated upwards with fourfold symmetry at the face centers of the unit cell, in agreement with the individual defect flows [Figs. 3(a), 3(e)]. Changing the vortex size with confinement can therefore tune the flows.

**Bacterial turbulence.**—Similarly, we consider the more complex patterns generated by bacterial turbulence [43–49]. Their collective dynamics are simulated using the Self-Propelled Rod (SPR) model [49] to determine swimmer positions and orientation (movie S2, Supplemental Material [64], Secs. 7A, 7B). Because of the high volume fraction, density gradients remain negligible but orientation gradients are abundant. Hence, recirculatory currents are generated, as shown in Fig. 4(b). Weak flows occur in the regions where swimmers are aligned with each other (Supplemental Material [64], Sec. 3A), but defects give rise to strong bend and splay gradients and thus nutrient transport.

Movies S3–S5 show how these currents develop during the onset of turbulence, giving top views at $z = 10, 25 \mu m$, respectively, and a side view for the cross section $y = 0$. Interestingly, further from the active carpet...
the down-welling and up-welling regions are slower but larger. We quantify this by computing the temporal and spatial correlation functions, $c_{v}(t)$ and $g_{v}(\rho)$, for different heights $z$ (Supplemental Material [64], Secs. 7C, 7D). Hence, we obtain the correlation time $t_{c}(z)$ and correlation length $\rho_{c}(z)$ from their fits [Figs. 4(c) and 4(d)]. At short timescales the nutrient transport is ballistic but, of course, after this memory time it is diffusive. Far from the carpet this memory is set by the decorrelation of swimmer orientations (dashed black), but nearby $t_{c}$ reduces to the mean free time between collisions with individual swimmers. Conversely, the correlation length $\rho_{c}$ grows linearly with $z$ and it is not bound by the correlation length of swimmer orientations because the region of influence by more equidistant bacteria grows beyond the turbulent swirl radius. Indeed, the renormalized correlations $g_{v}(\rho/z)$ collapse onto one another (Supplemental Material [64], Fig. 5), highlighting the scaling relation of the flow’s long rangedness.

Topological analysis of active carpets can be a powerful technique: Knowing only the defect configuration in homogeneous carpets, one can interpolate the director field and thus predict the resulting flows. We describe this for a monolayer of bacteria, but at higher cell densities the carpet could be thicker with multiple layers moving collectively. Our analysis might still apply then, provided the carpet thickness is smaller than the correlation length, before transitioning to 3D turbulence [100,101].

Conclusions.—We studied the emergence of large-scale recirculation by a carpet of force-free actuators. Surprisingly, finite clusters of randomly oriented bacteria drive nondiffusive currents, in contracts with ciliary arrays [102–105] and grafted cells [106–109], where alignment is essential for microbiological transport (Supplemental Material [64] Sec. 2C). Moreover, in the context of diversity in carpet architecture, it might be beneficial for an individual organism not to generate a flow to maximize the collective flux. To consolidate this, a mathematical foundation is derived in terms of gradients in the carpet activity, density, and orientation fields. In nature, stable density gradients or clustering can arise by self-assembly [6,7,53] and chemo-, thermo-, photo-, or rheotaxis [35,110]. Orientation gradients can form through individual actuation or collective instabilities [37,111]. To stabilize these, topological constraints are key, through defect ordering [99] or confinement by liquid drops [112] and spherical manifolds [113]. Experimental realizations may be achieved by chemoattractants, thermodokinetic, or light-controlled coordination [93–96]. Lithographic surface patterning and rectification [114–117] could also make complex flux patterns when correcting for disturbance flows due to cell-wall interactions [3–5]. Hence, these currents may be employed to drive active flow networks [118] and provide understanding for transport by complex-shaped clusters, for bacterial turbulence [43–49], and biofilm architecture [119].

We would like to thank Manu Prakash and Deepak Krishnamurthy for helpful discussions. A. M. acknowledges funding from the Human Frontier Science Program (Fellowship LT001670/2017). F. G. L. acknowledges Millennium Nucleus “Physics of active matter” of the Millennium Scientific Initiative of the Ministry of Economy, Development and Tourism, Chile. H. L. acknowledges support from the Deutsche Forschungsgemeinschaft, DFG Project No. LO 418/17-2.


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